Workshops and Events

Going up to Secondary School Transitional Event

You are invited to attend an online information session for parents and carers of Year 6 children, who are starting mainstream secondary education in September 2025. The event will discuss the admissions process for secondary school applications including:

- How and when to apply for a place in Year 7
- What to consider when naming your preferences of school
- How school places are allocated
- Secondary School Open Evenings
- Eligibility for school transport
- School admission appeals

The event will take place at different times on the following days: Monday 16 September, 9.30am to 10.30am, 1pm to 2pm & 6.30pm to 7.30pm Wednesday 18 September, 7pm to 8pm

Book here.

You will receive confirmation of your place and further details of how to join the meeting using a Microsoft Teams link.

If you require further information, contact the Parents' School Preference Adviser: choosingaschool@cambridgeshire.gov.uk

EYSEND National Seminar on Ordinarily Available Provision

Online Tuesday 24 Sept, 10am to 12noon Free

What is 'ordinarily available provision'? Whose responsibility is it? Why is it important? What does provision for children with SEN and Disabilities look like in the early years? Is it agreed across your local area? How can 'ordinarily available' provision help?

The current legislation, including the SEN Code of Practice 2015, the Equality Act 2010, and the statutory Early Years Foundation Stage framework require settings to use their best endeavours to provide and secure an inclusive education for all children and young people. Settings must anticipate the reasonable adjustments needed to enable all children and young people, including those with SEN and Disabilities, to access an appropriate curriculum.

These duties extend to identifying provision that is 'ordinarily available' to all children within a local area. Outlining a set of expectations within local areas encourages consistency between settings, develops inclusive practice, and provides parents/carers with a clear idea of the support their child will receive.

Attend this seminar to find out more about:

- What is required under the Children and Families Act and Equality Act
- The wider benefits of having an agreement about provision
- Examples and shared learning from recent EYSEND Partnership work

This seminar is open to practitioners in all local areas and parents and carers. **Book here**. If you have any questions about this event, contact **EYSEND@ncb.org.uk**

Caring Together Parent Carer Hub

<u>Caring Together Charity</u> is a leading charity supporting carers of all ages across Cambridgeshire, Peterborough and Norfolk.

If you are an unpaid carer, we are here to help you. We are here to give you information and advice, and to provide services and support to make your caring role more manageable, to benefit you and the person you support.

Caring Together Online Parent Carer Hub

Wednesdays at 10am

- 18 September
- 16 October
- 20 November
- 18 December

Our online hub is for parents living in Cambridgeshire & Peterborough who care for a teenager or adult with an additional need/Autism/SEN. We also welcome parents who also find it hard to attend face to face groups and would like to meet other parents for a chat! Booking is essential to receive a zoom link to join the hub. **Book here**.

Caring Together Charity are launching a new **in-person** parent carer hub in South Cambridgeshire – see full list of in-person hubs **here**.

The David Rayner Centre, Scotsdales Great Shelford, 120 Cambridge Road, Great Shelford, Cambridge CB22 5JT

Thursday 26 September then every 4th Thursday of the month, 10.30am to 12.30pm

These are peer support sessions with refreshments provided. Often, we will invite speakers to deliver information on specific topics, or we might put on an activity.

You do not need to book these sessions however, it is helpful if they you register with us online, or through calling our helpline number: 0345 241 0954

E: hello@caringtogether.org

See all parent carer hubs here.

Find Caring Together events here.

Find Parent carer services here.

The Essential Guide to Disability Duties in Early Years

Online

Wednesday 9 Oct, 6pm to 8pm

Council for Disabled Children

This **online training** is for parents/carers of young children with SEN and Disabilities. It will:

- Summarise the duties in the Equality Act
- Consider how the definition of disability applies to young children
- Help parents/carers understand what is expected of early years practitioners to make reasonable adjustments in accordance with the Equality Act.

Free Relationship Conflict Courses for Parents

It's not unusual to have disagreements in a relationship, but when they spill out into family life, they can be emotionally damaging to children.

There is support available to help parents handle disagreements in a healthier way and resolve conflicts more quickly.

Family Hubs are offering two free courses for Cambridgeshire parents who are experiencing relationship conflict and want to improve their communication with each other.

- Improve the communication with your partner to support your children Friday 4 October, 12noon to 1pm & Friday 11 October, 12noon to 1pm
- Improve the communication with your ex-partner to support your children Wednesday 16 October, 6.30pm to 7.30pm & Wednesday 23 October, 6.30pm to 7.30pm

Both courses are online via Teams. Sign up to a course **here**.

Get Online Week - Talk and Q&A

Cambridge Central Library, 7 Lion Yard, Cambridge CB2 3QD

Thursday 17 October, 11am to 12 noon

Join one of our Digital Buddy volunteers for this friendly and informal session for Get Online October 14 to 20 is Get Online Week, the UK's biggest digital inclusion campaign.

Join one of our Digital Buddies for a short talk and Q&A that will help you improve your confidence in how to connect to the internet at home and on the go while using your device (phone, tablet or laptop). Understand what a secure network is and how to keep safe online. Free and all welcome; no need to book, just come along! Refreshments will be served.

This event takes place on the third floor of Cambridge Central Library, which is wheelchair accessible. Find full details of Central Library's facilities here.

Personal Independence Payments (PIP) Workshop

Wednesday 23 October, 10am to 12noon

An information session for carers living in Cambridgeshire and Peterborough who would like advice on claiming PIP.

Join Caring Together to learn all about PIP and how it can benefit those you care for. Our workshop will cover eligibility criteria, application process, and tips for a successful claim. The workshop will be facilitated by Anjela Jones, Welfare Benefits team, Cambridgeshire County Council and will guide you through the process of applying for PIP. There will also be an opportunity for Q&A. Don't miss this opportunity to gain valuable insights and support for your caring role. **Book here.**

Curiously Divergent Workshop - Employment Skills Toolkit!

Online

Monday 28 October, 1pm to 2pm

This workshop will be delivered by Curiously Divergent who are committed to building a world where neurodiversity is celebrated and leveraged as a strength. We offer a comprehensive range of services designed to support individuals, communities, and organisations in unlocking their full potential.

This workshop is for young people and their parent carers

We will be covering:

- Skills linked to Jobs
- What is Access to Work and why you need to know about this?
- What is a Reasonable Adjustment and why this is important to know
- Develop your own tool kit

By the end of the workshop, you will leave the session understanding how you can advocate for yourself to get accommodations you need at work, understand how the government Access to Work Grant could be used to support you, and feel empowered by knowing your legal rights within the workplace.

To register please contact Martine, Preparing for Adulthood Lead and a ZOOM link will be sent out: Martine.simpson-thomas@cambridgeshire.gov.uk
If young people will be attending, please may they attend with parent carers, with camera's off.

A Special Approach to Making it REAL

Online

Thursday 21 Nov, 1pm to 3pm

Early Childhood Unit and the National Children's Bureau.

A Special Approach to Making it REAL for Parents and Carers. A webinar providing families with an overview of how to support the home learning environment for children with SEND with a particular focus on early language and literacy.

Book here.

Pinpoint Events

<u>Pinpoint</u> provide help and information to parents and carers of children and young people aged 0-25 with additional needs and disabilities in Cambridgeshire.

No formal diagnosis is required to access support from Pinpoint – a child may be on a waiting list, accessing services, had a referral turned down, or just be struggling. Pinpoint offer signposting and events for all things SEND and are the Parent Carer Forum for Cambridgeshire. Pinpoint also give parent carers opportunities to have a say and get involved in improving local services. Find all Pinpoint events on **Eventbrite**.

Monday Tii Hub

Pinpoint Online SEND parent carer support group.

Tii Hub – Together we have Information not Isolation – join us and other parent carers who "get it" for a cuppa and a chat.

Mondays, 10am to 12noon 16 September – **Book here** 23 September – <u>Book here</u> 30 September – <u>Book here</u> 7 October – <u>Book here</u> 14 October – <u>Book here</u> 21 October – <u>Book here</u>

Monthly In Person Tii Hub Huntingdon

The Maple Centre, Oak Drive, Huntingdon PE29 7HN Wednesdays', 9.30am to 11am 2 October – **Book here**

Join other SEND parent carers who "get it" at the Maple Centre in Huntingdon each month during term times. A chance to meet other parents who "get it" in a safe space with Pinpoint staff who are also parent carers.

Monthly In Person Tii Hub Cambridge

NatWest Cambridge Petty Cury, 21 Petty Cury, Cambridge CB2 3NE Wednesday's, 10.15am to 11.45am
18 September – <u>Book here</u>
16 October – <u>Book here</u>

Join Karina and other parent carers who will be waiting with a warm welcome to any parent carer at our brand new Monthly Tii Hub. A chance to meet in a safe space in Cambridge and share a cuppa with other SEND parent carers who "get it".

Understanding ADHD and how it affects daily life?

Online

Wednesday 18 September, 12noon to 1.30pm

What is ADHD? Why is only in recent years we are hearing more about it? How does it impact daily life and how can I support my ADHD child?

Every parent wants their child to have the best outcomes for their future and ADHD.

Every parent wants their child to have the best outcomes for their future and ADHD Foundation are committed to make this happen. Tracey Bowyer joins us to day to explain what ADHD is, how it can impact each day and how we as parents can have a better understanding to support our amazing children have the brightest future. **Book here.**

SENDIASS SEND Information, Advice & Support Service

Online

Wednesday 25 September, 12noon to 1.30pm

SENDIASS - SEND Information, Advice & Support Service are with us to listen to your questions and provide guidance as to the best next step. **Book here**.

Child Anxiety and the Impact to Sleep

Online

Wednesday 2 October, 12noon to 1.30pm

Firm Pinpoint favourite, Sleep expert Nickie Sutton is back to help us help our anxious child. There can be so many reasons our child isn't sleeping but when they are worried, this

almost always affects their sleep. With over 30 years of experience as a nurse with neurodiverse children and adults, Sleep expert Nickie is back to explain what is happening and what we can do immediately to help our child sleep better. **Book here**.

Does My Child Have Special Educational Needs?

Online

Wednesday 9 October, 12noon to 1.30pm

When our child behaves "differently" in situations to others, it can be a worry. Is it anxiety or something else? Let's explore this together. **Book here**.

Wellbeing Support and Tips for Communicating with our Teenagers

Online

Wednesday 16 October, 12.30pm to 2pm

Teenagers can often struggle to talk to us about their worries or concerns. Natasha is with us to help us look for positive ways to connect

There are so many changes going on during puberty both on the outside and on the inside that teenagers can often struggle to talk to us about their worries or concerns. Natasha Cross from KOOTH is with us to help us explore what is happening for our child as they become a young person and how to look for positive ways to connect and strengthen our relationship and help ourselves as parents too! **Book here**.

Sensory Differences and Eating Challenges

Online

Wednesday 23 October, 12noon to 1.30pm

Food can be a huge struggle for many children and young people due to their sensory needs and differences. Let's look at how we can help them.

Pinpoint hear more and more from concerned parents about their child's eating or lack of. Often they will only eat specific food and this can be very limiting eating the same things over and over.

As parents we want to make sure they have enough healthy nutrition, so Tracey is with us from ADHD Foundation to explore this with us and give us ideas on how to help and when to choose our battles. **Book here**.

Contact Workshops

Contact host a series of training aimed at parents and carers. Thee workshops are part of the **Brighter Beginnings**, **Early Years** (0 - 5) **workshops** collection. If your child is older than 5 years, much of the content of this workshop will not be relevant and you may find it more useful to contact the **helpline** or visit the **website**.

Contact host a series of training aimed at parents and carers. Parents can register for a range of popular workshop topics throughout September:

- Intro to Speech & Language Challenges: Tuesday 17 Sept, 10am
- Toilet training for children with SEND: Tuesday 24 Sept, 7pm
- Supporting your child with social communication challenges: Wednesday 25 Sept, 10am

Book onto these sessions here.
Sensory Processing in the Early Years

Online

Wednesday 22 January 2025, 6pm to 8.30pm

This workshop will support parents and carers to understand sensory processing differences and strategies to support their child.

This online workshop is for Early Years parents and carers and includes:

- Introduce sensory processing what it is and why it matters
- · Explore sensory processing differences
- Demonstrate how to create sensory environments conducive to learning
- Provide an overview of when extra support may be needed and where to go for support

SEND Station Workshops

SEND Station run a <u>range of workshops</u> for parents and those working with and supporting children with Special Education Needs and Disabilities. Suitable for parents, SENCos/ALNCos, Teachers and Learning Support Assistants (LSAs).

Dyspraxia - Exploring Developmental Coordination Needs

An introduction to Developmental Coordination Needs - Full of practical ways of providing support for parents and school staff.

Online

Tuesday 19 Nov, 7pm to 8.30pm

Cost: £16.86

Some children find fine and gross motor skills difficult to master. For some, even holding a pencil correctly with an aid is a challenge. Some children often appear to struggle with organisation, not having what they need when they need it, pens, pencils, glasses, etc. Others may seem particularly uncoordinated. Children who appear to fall over their own feet when moving about a room or classroom or who find riding a bike without stabilisers virtually impossible.

If any of this sounds familiar to you and you, then this session will offer a useful introduction and help you know how best to provide support.

Useful for children who are struggling with coordination issues and/or have a diagnosis of Developmental Coordination Disorder. **Book here**.