

Hello Summer 2024

FREE ACTIVITIES FOR

children and families



Hello Summer 2024

Activities

FOR CHILDREN AND FAMILIES

Hello Summer provides a guide to FREE activities and events for children, young people and families across Cambridge throughout the school holidays. You will see a mixture of open access activities, family create arts and crafts, music in the parks, sports and dance events to help keep families active and entertained this summer.

FREE BOOKABLE SESSIONS



You can book using www.bookwhen.com/communitydevelopment or scan the QR code. If you need support, please contact us or visit one of our community centres.

FOR OTHER BOOKABLE ACTIVITIES USE THE UNIQUE POSTER QR CODE TO RESERVE YOUR SPACE.





National Play Day

IS ON WEDNESDAY 7TH AUGUST



We are celebrating **National Play Day** with a variety of events this year. Ranging from **street play, arts and crafts sessions** and more! We recognise the importance of play for children, and the impact it has on their happiness and wellbeing throughout childhood.

COME AND JOIN US AT BROWN'S FIELD COMMUNITY CENTRE FOR A FAMILY ARTS AND CRAFTS EVENT ON THE 7TH AUGUST 1:00-3:00PM.

LEAD YOUR OWN STREET PLAY SESSION FIND OUT HOW HERE



STREET PLAY!

Would you like children to be able to play freely outside their own front door?

Residents are able to make this happen on their own road or local green space

SCAN ME



Further details can be found on the webpage www.cambridge.gov.uk/play-streets or you can speak to a member of the team by emailing communitydevelopment@cambridge.gov.uk



Community Centres

CONTACT DETAILS

Our community centres have a local events programme.
Come in and find out more!



MEADOWS COMMUNITY CENTRE

Kingshedges, 299 Arbury Road, CB42JL

meadows@cambridge.gov.uk or

01223 508140  meadowscambridge



AKEMAN STREET COMMUNITY CENTRE

80 Akeman Street, Arbury CB4 3HG

akeman.street@cambridge.gov.uk or

01223 508150  akemanstreetcc



BROWN'S FIELD COMMUNITY CENTRE

31A Green End Road Chesterton, CB4 1RU

brownsfield@cambridge.gov.uk or

01223 420309  brownsfieldcommunity-centre



CLAY FARM COMMUNITY CENTRE

Hobson Square Trumpington, CB2 9FN

clayfarmcentre@cambridge.gov.uk or

01223 457232  clayfarmcentre



DARWIN GREEN COMMUNITY ROOMS

50 Galton Road, Darwin Green, CB3 0UL

info.dgrooms@cambridge.gov.uk or

01223 457500  darwingreenc



Parks and Splashpads

We have lots of outdoor spaces in Cambridge which come alive in the summer. Take a visit to our favourite spots.

Spend time with family and friends. All are free to access unless stated otherwise.

CHERRY HINTON HALL

Address: CB1 8DW

- Duck pond
- Sand pit
- Large play area
- Large green space
- Outdoor paddling pool
- Play equipment



LAMMAS LAND

Address: CB3 9EY

- Large outdoor paddling pool
- Duck pond area
- Large play equipment
- Tennis courts
- Kiosk for food and drinks



COLERIDGE ROAD REC

Address: CB1 3PR

- Large green area
- Splash park
- Large play equipment area
- Tennis courts
- Paddling pool with splashpads



JESUS GREEN PARK & LIDO

Address: CB4 3AX

- River walks
- Large green space
- Large play area
- Feed the ducks
- Skate park
- Kiosk for food and drink
- Tennis courts.
- Outdoor lido (entrance charge)

KING'S HEDGES PARK

Address: CB4 2XF

- Splash pad
- Play equipment area
- Learner pool (entrance charge)

ABBEY SPLASHPAD

Address: CB1 3EW

- Splash pad
- Play equipment area



WWW.CAMBRIDGE.GOV.UK/
SWIMMING OR QR CODE
FOR MORE INFORMATION

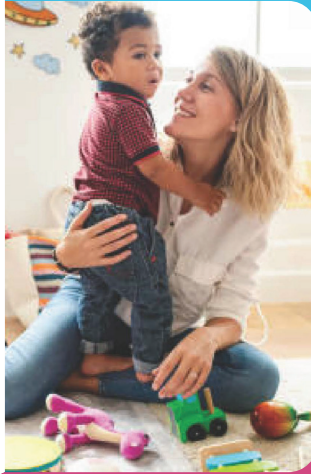


50

things to do

before you're

five



Explore educational experiences for your children with 50 Things to Do Before You're Five.

Visit the website and download the free app to discover free and low-cost activities to support your child's learning and school readiness.

www.cambspboro.50thingstodo.org



OUT OF THE ORDINARY FESTIVAL



YOUTH DANCE PROJECT

Cambridge City Events & Cambridge Corn Exchange are partnering with Vanhulle Dance Theatre to bring a FREE dance opportunity for young people ages 11-18 to take part in an outdoor performance this summer at *Out of the Ordinary Festival*.

Scan the QR code to find out more!

 VANHULLEDANCETHEATRE

 CITY
EVENTS

 Cambridge
Corn
Exchange

YOUTH LEADERSHIP PROGRAMME

Monday 19th August - Wednesday 21st August

10:30am until 3pm

Meadows Community Centre, Arbury, Cambridge, CB4 2JL

Cambridgeshire & Peterborough NHS Foundation Trust (CPFT) have launched their very first youth leadership programme for young people aged 14-18 years old. This course aims to develop your leadership skills and empower you to use your voice to create positive change in your community. Even if you don't see yourself as a leader, this course will give you all the skills you need to become an inspiring and confident young leader!

- ◆ **DAY 1: WHAT MAKES A GOOD LEADER?**
TEAMWORK MAKES THE DREAM WORK
- ◆ **DAY 2: EQUALITY, DIVERSITY & INCLUSION:**
"BEING A JUST AND FAIR LEADER TO ALL"
PROBLEM SOLVING
- ◆ **DAY 3: COMMUNITY ACTIVISM:**
"USING YOUR VOICE TO CREATE POSITIVE CHANGE"
GRADUATION CELEBRATION

15 SPACES AVAILABLE, OPEN TO ANYONE AGED 14-18

To book a space, scan the QR code below or contact maisha.khanom@cpft.nhs.uk for more information



Please note priority spaces will be allocated to young people currently not accessing any form of youth participation work across the county

NHS
Cambridgeshire and
Peterborough
NHS Foundation Trust

MUSIC IN THE PARKS

FREE!

SUNDAYS 3-5PM

ENJOY A SUMMER
OF FREE MUSIC
IN CAMBRIDGE'S
BEAUTIFUL PARKS!

ROMSEY REC

16 JUNE
SING! COMMUNITY CHOIR +
ARU MUSICAL THEATRE CHOIR

CHERRY HINTON HALL

14 JULY
CAMBRIDGE WIND BAND

CHESTERTON REC

4 AUGUST
WE GOT THAT SWING

JESUS GREEN

11 AUGUST
BIG 10 + COLONEL HATHI
SUPPORTING

NUNS WAY REC

18 AUGUST
WATERBEACH BRASS

DUDLEY ROAD REC

1 SEPTEMBER
UNDER THE COVERS

For more information www.cambridgelive.org.uk/cityevents

Supported by:
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105 radio

X f @
CAMCITYEVENTS

**CITY
EVENTS**
All artists subject to contract



CAMBRIDGE
film
FESTIVAL

Scan the QR code for more info and to reserve your tickets in advance. Tickets will also be available at the door on the day of the events



Celebrate cinema, community and crafts with your local film festival at our free community screenings!

THE LEGO MOVIE

Monday 29th July, 14:00 - 17:00
Brownsfield Community Centre
31A Green End Rd, Cambridge CB4 1RU



WALL-E

Monday 12th August, 14:00 - 17:00
Meadows Community Centre
299 Arbury Rd, Cambridge CB4 2JL



Brought to you by the Cambridge Film Festival's Youth Lab, supported by:

Supported by players of



Awarded funds from



Summer at the Museums



From **23 July to 2 September**, join a jam-packed programme of family fun at the University of Cambridge Museums and beyond. Enjoy **free or low-cost events**, activities and trails for the whole family this summer.

Sign up to our newsletter for weekly event updates straight to your inbox.

museums.cam.ac.uk/theme/summer



Supported using public funding by
ARTS COUNCIL ENGLAND

YOUR GUIDE TO SUMMER 2024

WEEK 1 22ND JULY – 28TH JULY

Some events are open access for families – children are free to come and go as they please. Children under the age of 8 should be accompanied by an adult.

DATE	TIME	LOCATION	EVENT	BOOKING / INFORMATION
Tuesday 23rd July	10am-2pm	Coldham's Common (Near Abbey Pool)	Active Family Event	Join in the family fun play zone and Olympic challenge. See poster for more details
Tuesday 23rd July	9:30-11am	Brownsfield Community Centre	Stay and Play under 5's	Soft play activities for under 5's
Wednesday 24th July	9:30am- 12pm	Darwin Green Community Rooms	KPA Theatre Workshop Mary Poppins	Theatre dance workshop for ages 6-10yrs. Booking required bookwhen QR CODE or www.bookwhen.com/communitydevelopment
Wednesday 24th July	12:30- 3:30pm	Darwin Green Community Rooms	KPA Theatre Workshop Wicked	Theatre dance workshop for ages 11+. Booking required bookwhen QR CODE or www.bookwhen.com/communitydevelopment
Friday 26th July	10-11am	Nightingale Pavilion	Boxing Taster Session	Boxing non-contact fitness workshop age 8-15yrs. Booking required bookwhen QR CODE or www.bookwhen.com/communitydevelopment

HOLIDAY Lunches 2024

COME ALONG TO YOUR LOCAL HOLIDAY LUNCH
FOR FREE FOOD AND ACTIVITIES



Supported by **Cambridge City Council** and **Cambridge Sustainable Food** the holiday lunch network provides lunch and activities for families of nursery and school-aged children. These are provided in a variety of settings across the city.



SCAN THE
QR CODE TO
FIND OUT
MORE INFO.





WEEK 2 29TH JULY – 4TH AUGUST



DATE	TIME	LOCATION	EVENT	BOOKING / INFORMATION
Monday 29th July	2-5pm	Brownsfield Community Centre	The Lego Movie Film Festival Community Screenings	Film showing & Lego activities before showtime. See poster for unique QR CODE for booking. Limited tickets available on the door.
Tuesday 30th July	10am-2pm	King Georges V Playing Field Trumpington	Active Family Event	Join in the family fun play zone and Olympic challenge. See poster for more details.
Tuesday 30th July	9:30-11am	Brownfield Community Centre	Stay and Play under 5's	Soft play activities for under 5's.
Tuesday 30th July	2-3pm	Akeman Street Community Centre	Boxing Taster Session	Boxing fitness workshop age 8-15yrs. Booking required bookwhen QR CODE or www.bookwhen.com/communitydevelopment
Wednesday 31st July	9:30am- 12pm	Brownsfield Community Centre	KPA Theatre Workshop Lion King	Theatre dance workshop age 6-10yrs. Booking required bookwhen QR CODE or www.bookwhen.com/communitydevelopment
Wednesday 31st July	12:30-3:30pm	Brownsfield Community Centre	KPA Theatre Workshop Hairspray	Theatre dance workshop age 11+. Booking required bookwhen QR CODE or www.bookwhen.com/communitydevelopment



WEEK 3 5TH AUGUST – 11TH AUGUST



DATE	TIME	LOCATION	EVENT	BOOKING / INFORMATION
Tuesday 6th August	10am-2pm	Cherry Hinton Recreation Ground	Active Family Event	Join in the family fun play zone and Olympic challenge. See poster for more details.
Tuesday 6th August	2-3pm	Darwin Green Community Rooms	Boxing Taster Session	Non-contact Boxing fitness workshop ages 8-15yrs. Booking required bookwhen QR CODE or www.bookwhen.com/communitydevelopment
Wednesday 7th August	4-7pm	Trumpington Pavilion	National Play Day Event	Play themed activities for children and families. Celebrating National Play Day.
Wednesday 7th August	10am-1pm	Eddington Square	National Play Day Event	Pop Up Play for children. With loose parts play, races and more. Celebrating National Play Day
Wednesday 7th August	1-3pm	Brownsfield Community Centre	National Play Day Event	Time to get creative with a variety of art workshops for the whole family to enjoy. Celebrating National Play Day.
Thursday 8th August	10:30am- 1pm	Meadows Community Centre	Gaming with Code Zone	Gaming workshop Age 8+. Booking required bookwhen QR CODE or www.bookwhen.com/communitydevelopment
Friday 9th August	9:30am- 12pm	Akeman Street Community Centre	KPA Theatre Workshop Aladdin	Theatre dance workshop. Age 6-10yrs. Booking required bookwhen QR CODE or www.bookwhen.com/communitydevelopment
Friday 9th August	12:30- 3.30pm	Akeman Street Community Centre	KPA Theatre Workshop The Greatest Showman	Theatre dance workshop Age 11+yrs. Booking required bookwhen QR CODE or www.bookwhen.com/communitydevelopment



WEEK 4 12TH AUGUST – 18TH AUGUST



DATE	TIME	LOCATION	EVENT	BOOKING / INFORMATION
Monday 12th August	1-4pm	Clay Farm Community Centre	Arts and Craft Workshops	Time to get creative with a variety of art workshops for the whole family to enjoy.
Monday 12th August	2-5pm	Meadows Community Centre	WALL-E Film Festival Community Screening	Film showing & robot activities before showtime. See poster for unique QR CODE for booking. Limited tickets available on the door.
Tuesday 13th August	10am-2pm	St Albans Rec Arbury	Active Family Event	Join in the family fun play zone and Olympic challenge. See poster for more details.
Tuesday 13th August	2-4pm	Meadows Community Centre	Boxing Taster Session	Non-contact Boxing workshop age 8-15yrs. Booking required bookwhen QR CODE or www.bookwhen.com/commmunitydevelopment
Tuesday 13th August	9:30-11am	Brownfield Community Centre	Stay and Play under 5's	Soft play sessions for under 5's.
Wednesday 14th August	1-3:30pm	Brownfield Community Centre	Gaming with Code Zone	Gaming workshop Age 8+. Booking required bookwhen QR CODE or www.bookwhen.com/communitydevelopment
Wednesday 14th August	10am-1pm	Nightingale Pavilion	Family Fun	Activities for under 5's with Children and Family Centre
Thursday 15th August	11am-12pm & 1:30-2:30pm	Clay Farm Community Centre	Sublime Science Show	Booking at Clay Farm Community Centre in person. Ticketed Event.



WEEK 5 19TH AUGUST – 25TH AUGUST



DATE	TIME	LOCATION	EVENT	BOOKING / INFORMATION
Monday 19th August	9:30am- 12pm	Meadows Community Centre	KPA Theatre Workshop Oliver	Theatre dance workshop age 6-10yrs. Booking required bookwhen QR CODE or www.bookwhen.com/communitydevelopment
Monday 19th August	12:30- 3:30pm	Meadows Community Centre	KPA Theatre Workshop Shrek the Musical	Theatre dance workshop age 11+. Booking required bookwhen QR CODE or www.bookwhen.com/communitydevelopment
Monday 19th August	10am-1pm	Fawcett School Children and Family Centre	Family Fun	Activities for under 5's plus siblings Children and Family Centre
Tuesday 20th August	10am-2pm	Nightingale Recreation Ground	Active Family Event	Join the fun family play zone and Olympic challenge. See poster for more details.
Tuesday 20th August	1-4pm	North Children and Family Centre	Family Fun	Activities for under 5's plus siblings with Children and Family Centre
Tuesday 20th August	9:30-11am	Brownsfield Community Centre	Stay and Play under 5's	Soft play session for under 5's
Wednesday 21st August	10am-1pm	Nightingale Pavilion	Family Fun	Activities for under 5's and Siblings with Children and Family Centre
Thursday 22nd August	1-3pm	Darwin Green Community Rooms	Arts and Craft Workshops	Time to get creative with a variety of art workshops for the whole family to enjoy
Friday 23rd August	10am-1pm	The Fields Child and Family Centre	Family Fun	Activities for under 5's and Siblings with Children and Family Centre



WEEK 6 26TH AUGUST – 1ST SEPTEMBER

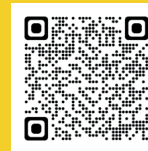


DATE	TIME	LOCATION	EVENT	BOOKING / INFORMATION
Tuesday 27th August	10am-2pm	Pye's Rec Chesterton	Active Family Event	Join in the family fun play zone and Olympic challenge. See poster for more details.
Tuesday 27th August	9:30-11am	Brownsfield Community Centre	Stay and Play under 5's	Soft play session for under 5's
Wednesday 28th August	9:30am- 12pm	Nightingale Pavilion	KPA Theatre Workshop Matilda	Theatre and dance workshop age 6-10yrs. Booking required bookwhen QR CODE or www.bookwhen.com/communitydevelopment
Wednesday 28th August	12:30- 15:30pm	Nightingale Pavilion	KPA Theatre workshop Mamma Mia	Theatre and dance workshop age 11+. Booking required bookwhen QR CODE or www.bookwhen.com/communitydevelopment
Wednesday 28th August	1-3pm	Brownsfield Community Centre	Boxing Taster Session	Non-contact boxing workshop Age 8-15yrs. Booking required bookwhen QR CODE or www.bookwhen.com/communitydevelopment



H.A.Y.
Cambridgeshire &
Peterborough

How Are You Cambridge is an NHS website which brings together activities going on in your local community that can give your wellbeing a boost. You can also find information about local professional or specialist support. The website helps **you** look after **you!**



**SCAN QR CODE OR
FOLLOWING ON FACEBOOK
HOWAREYOUCAMBRIDGE**

Get Active this Summer!



FREE Active Family holiday events

The Active Lifestyles Team are organising a series of free 'Active Family' events every Tuesday (10am-2pm) during the summer holidays with sports and activities the whole family can take part in together.

Fun Family Play Zone

Grab a skipping rope, space hopper or hula hoop!

Activities with Local Clubs

Local clubs will be leading activities such as football, short tennis, orienteering, ball games, skating and scooting, archery, table tennis, crazy golf, a bouldering wall, boxing, family fitness, dance, curling and more!

'Olympic' Challenge

A special challenge for Olympic year, with prizes to be won.

Find out about more activities!

Details about more activities you can do locally.

23 July: Goldhams Common

Access via Abbey Swimming Pool, Whitehill Road CB5 8NT

30 July: Trumpington Recreation Ground

Paget Road, Cambridge CB2 9JF

6 August: Cherry Hinton Recreation Ground

High Street, Cherry Hinton, Cambridge CB1 9HE

13 August: Nuns Way Recreation Ground

King's Hedges, Cambridge CB4 2LU

20 August: Nightingale Recreation Ground

Trumpington, Cambridge CB1 8SQ

27 August: Pye's Recreation Ground

Chesterton, Cambridge CB4 1ED



**Come along with family & friends
for a day of free, fun activities!**

For more info follow us on Facebook @getmovingcam
or visit www.cambridge.gov.uk/summer-events

FIND OUT MORE





CREATIVE DAYS

ARTS & CRAFTS WORKSHOPS

Brownsfield Community Centre

National Play Day

7th August 1-3pm

Clay Farm Community Centre

12th August 1-4pm

Darwin Green Communiy Rooms

22nd August 1-3pm

We will be joined by Find your wild, Kettles Yard
and Cambridge Curiosity and Imagination and lots
more!

FREE for
Children
and
families



**CITY
EVENTS**



This programme is produced by **Cambridge City Council**, with support from **Community Development, Active Lifestyles** and **City Events**. At some of these events, we will be joined by **University of Cambridge Museums, Film Festival** and **Children's Family Centres**. Thanks also goes to the wonderful community groups, charities and organisations across the city who help to make this possible.

